

# Blessed be the Lord à4

Francys Seager  
(fl. 1546 - 1563)

C  
Blessed be the Lord me re - fuge,

A  
8 Blessed be the Lord, blessed be the Lord me re fuge,

T  
8 Blessed be the Lord, blessed be the Lord me re - fuge, my -

B  
Blessed be the Lord, blessed be the Lord my whole -

8  
my whole powre, strenght and myght, yt does in - struct my

8  
my whole powre, strenght, yt does in - struct my

8  
— whole powre, and strenght, yt does in - struct my

powre, — strenght and myght, my

15  
hands to warre and my fin - gers — to fyght.

8  
hands to warre and my fin - gers to — fyght.

8  
hands to warre and — my fin - gers to — fyght.

hands to warre and my fin - gers, and my fin - gers — to fyght.